



Girls on the Run of Tucson Head Coach Job Description



Serving as a Head Coach is the most rewarding way to get involved with Girls on the Run and learn more about the program. You get to experience the program first hand, feel a sense of accomplishment that you have made a difference in the lives of the girls AND have a ton of fun with your team of coaches and incredible girls!

SUMMARY:

The position of Head Coach is a volunteer position that works with a team of coaches to facilitate the Girls on the Run curriculum to program participants. The position requires submission to a background check and entails approximately 7-10 hours per week including two 1 ½ hour lessons weekly plus planning time. Additional time will be required on two-three weekend days for: a one-day training, community run event, and First Aid/CPR training, if necessary.

QUALIFICATIONS:

- Female and at least 21 years of age
- A strong desire to work in the field of youth character development
- Experience working with youth
- Excellent communication skills
- The ability to be flexible and to improvise when needed
- The ability to inspire and motivate others to believe in the Girls on the Run mission
- High organizational skills
- The ability to recognize conflict and have the skills to help resolve it
- The capacity to work in a partnership with assistant coaches

CORE DUTIES/RESPONSIBILITIES (other duties may be assigned):

- Prepare, organize, and supervise two weekly lessons for 10-12 weeks
- Lead the program participants through each lesson
- Interact with parents of program participants
- Attend a full day coaches' training
- Complete First Aid/CPR certification
- Attend the end of season 5K event
- Understand and believe in the mission of the organization and act as a spokesperson for the program.
- Serve as a role model and mentor to the program's participants

EXPERIENCE:

The ideal coach:

- Has experience in direct interactions with girls ages 8-11 in a girl-positive environment
- Has volunteered in direct service organizations
- Has awareness of the common and different needs of girls
- Strives to lead a healthy lifestyle

Girls on the Run coaches do not need to be elite runners. As long as you live a healthy lifestyle and are committed to improving the lives of girls, you can serve as a coach. Girls on the Run coaches empower girls by encouraging positive emotional, social, mental, spiritual and physical development.